

COVID-19

GUIDELINES

DAILY TO-DO LIST

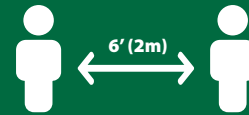
1. Follow the 'three Ws'



WEAR
a mask



WASH your
hands often



WATCH your distance
and avoid close contact

2. Track your health and work location every day



MONITOR YOUR HEALTH
Be alert for symptoms. Watch for fever, cough, shortness of breath or other COVID-19 symptoms.



STAY HOME IF YOU ARE SICK
If you believe you have COVID-19, call Saskatchewan HealthLine at 811.



SELF-ASSESSMENT TOOL
Use Saskatchewan's online self-assessment tool to determine if you should be tested for COVID-19. Visit saskatchewan.ca.



COMPLETE DAILY PRE-SCREENING LOG
Log in to PAWS and use the daily pre-screening log to monitor your health and track your work location.

3. Prevent COVID-19 at work and at home

- Limit indoor gatherings to only people in your extended household
- Avoid non-essential trips in the community
- Postpone gatherings
- Limit shopping trips to one member per household
- Limit interprovincial travel if possible

Visit covid19.usask.ca for more information | Questions? wcv.m.deansoffice@usask.ca



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